

REGISTERED NUMBER: 07523006 (England and Wales)

**UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022
FOR
SUPERWELLNESS LTD**

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FOR THE YEAR ENDED 31 MARCH 2022**

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SUPERWELLNESS LTD
COMPANY INFORMATION
FOR THE YEAR ENDED 31 MARCH 2022

DIRECTOR:	Ms A C Steel
REGISTERED OFFICE:	C/O Arithma Accountants Limited 9 Mansfield Street London W1G 9NY
REGISTERED NUMBER:	07523006 (England and Wales)
ACCOUNTANTS:	Arithma Accountants Limited 9 Mansfield Street London W1G 9NY

BALANCE SHEET
31 MARCH 2022

		2022		2021	
	Notes	£	£	£	£
FIXED ASSETS					
Intangible assets	4		-		-
Tangible assets	5		<u>1,262</u>		<u>1,215</u>
			1,262		1,215
CURRENT ASSETS					
Debtors	6	43,464		22,750	
Cash at bank		<u>49,987</u>		<u>17,369</u>	
		93,451		40,119	
CREDITORS					
Amounts falling due within one year	7	<u>63,827</u>		<u>38,471</u>	
NET CURRENT ASSETS			<u>29,624</u>		<u>1,648</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			30,886		2,863
PROVISIONS FOR LIABILITIES			<u>2,819</u>		-
NET ASSETS			<u>28,067</u>		<u>2,863</u>
CAPITAL AND RESERVES					
Called up share capital			100		100
Retained earnings			<u>27,967</u>		<u>2,763</u>
			<u>28,067</u>		<u>2,863</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

BALANCE SHEET - continued
31 MARCH 2022

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the director and authorised for issue on 25 May 2022 and were signed by:

Ms A C Steel - Director

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

1. STATUTORY INFORMATION

Superwellness Ltd is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

TURNOVER

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

GOODWILL

Goodwill, being the amount paid in connection with the acquisition of a business in 2016, is being amortised evenly over its estimated useful life of five years.

INTANGIBLE ASSETS

Intangible assets are initially measured at cost. After initial recognition, intangible assets are measured at cost less any accumulated amortisation and any accumulated impairment losses.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.
Plant and machinery etc - 25% on reducing balance

TAXATION

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

DEFERRED TAX

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

PENSION COSTS AND OTHER POST-RETIREMENT BENEFITS

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

3. **EMPLOYEES AND DIRECTORS**

The average number of employees during the year was 4 (2021 - 3) .

4. **INTANGIBLE FIXED ASSETS**

Goodwill
£

COST

At 1 April 2021
and 31 March 2022

10,000

AMORTISATION

At 1 April 2021
and 31 March 2022

10,000

NET BOOK VALUE

At 31 March 2022
At 31 March 2021

-
-

5. **TANGIBLE FIXED ASSETS**

Plant and
machinery
etc
£

COST

At 1 April 2021
Additions
At 31 March 2022

2,819
468
3,287

DEPRECIATION

At 1 April 2021
Charge for year
At 31 March 2022

1,604
421
2,025

NET BOOK VALUE

At 31 March 2022
At 31 March 2021

1,262
1,215

6. **DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2022 £	2021 £
Trade debtors	39,665	22,750
Other debtors	3,799	-
	<u>43,464</u>	<u>22,750</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

7. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2022	2021
	£	£
Trade creditors	25,000	-
Taxation and social security	30,083	15,712
Other creditors	8,744	22,759
	<u>63,827</u>	<u>38,471</u>

8. **RELATED PARTY DISCLOSURES**

During the year, total dividends of £20,000 (2021 - £12,000) were paid to the director .

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.